

### Stretchy Wrap

Instructions & Safety Guidelines

> From 3kg/6.6lbs

**IMPORTANT! Please keep for future reference** 

# Safety First

WARNING: When using the sling constantly monitor your child.

**WARNING:** Ensure your child's face is not pressed against the fabric of the sling or your body.

**WARNING:** Take medical advice if your child is premature, has a low birth weight, breathing difficulties or is any way unwell before using the sling.

**WARNING:** Ensure your child's chin is not positioned onto its chest as its breathing maybe restricted at all times.

WARNING: Ensure that your child is securely positioned in the sling.

Do not use a carrier to carry baby in a position in which you would not usually hold baby in your arms.

Do not use a carrier to carry more than one baby at a time.

The fabric of the carrier should always be tight against baby and baby should be tight against you.

Examine your carrier carefully before each use.

Do not use the carrier near open flames.

Do not use in place of a car seat in any moving vehicle.

Newborns and small babies are at risk for positional asphyxia (suffocation).

The weight of your child's head should be supported, with the neck straight.

Babies with respiratory conditions can face additional risks. As can a baby with any form of illness. Always be extra vigilant when using the carrier with an unwell baby.

Baby should be upright and close enough for you to kiss the top of their head.

Do not leave baby unsupervised with the carrier.

Do not use the carrier during any sporting activities.

Do not use a carrier under the influence of alcohol, drugs or prescription medications which may impair your judgement or make you drowsy.

Failure to pay full and complete attention to your baby can result in serious injury or death.

### **Preparing Your Wrap**



Unfold your wrap and locate the SnugiWraps label in the centre. Place the centre of the wrap across your chest, with the label facing out. This will be referred to as the 'apron'.



Take the length of fabric in your left hand behind you and over your right shoulder. Take the length of fabric in your right hand behind you and over your left shoulder, creating a cross on your back.



Tuck both lengths of fabric through the top of the apron and out the other side, try to keep the wrap tight and smooth against you.



Pull the ends down, raising the apron, until the wrap feels very tight against your body.



Keeping the wrap tight, make a smooth cross over your chest and take the ends behind you. Cross the straps and bring them to your front.



Tie the ends in a double knot.

You may prefer to tie behind your back, instead.

### Putting Baby in Your Wrap



Pull the apron down for now so you can access the straps easily. Locate the strap which is closest to your body. This will be the first strap to hold baby.



Place baby on your chest, pull the closest strap slightly away from your body, then carefully slide baby down into the strap.



Ensure that baby's legs are either side of the strap. Supporting baby, spread the strap across baby's bottom, their back and up to their neck.



Lift baby gently as you pull the other strap across, placing it between baby's legs and spreading it out as before.



The two straps should be spread from knee to knee and cover baby's entire body, up to their neck.

Be wary of baby leaning back.



Lift baby slightly whilst you locate the apron. Pull it up over baby's legs and spread it over baby's back.

Baby is now secure. Proceed to Safety & Comfort Checks.

### Safety & Comfort Checks



Is baby's airway free? Baby should be held high, tight and secure against your body.



Baby should be in a squatting position with their knees higher than their bottom, without using force.



Spread the fabric out over your shoulders, back and hips for your comfort.

# Taking Baby Out of Your Wrap



To remove baby from the wrap, start by pulling the apron down. **Be wary of baby leaning back.** 



Supporting baby with one hand at all times, pull each strap to the side away from baby. **Do not let go of baby.** 



Lift baby **straight up**, out of the wrap. The wrap can be left in place ready for next time.

We also have instruction videos on our website! www.SnugiWraps.com

#### Useful Hints & Tips

When preparing your wrap, make sure it is very, very tight against your body. The wrap will stretch to accommodate your baby.

If the wrap is too loose, it may sag compromising baby's position and pulling on your shoulders.

Ensure there are no twists in the fabric.

Using a Stretchy Wrap will take practice. When trying it for the first time, ensure baby is already content, relax and take your time. Instruction videos are available on our website and on our YouTube channel. A Babywearing Consultant is on hand to answer any questions you have and will help you as much as possible.

Once baby is in the wrap, spread the fabric across your shoulders, back and hips. Bunched up fabric may be uncomfortable for both you and baby.

If baby cries whilst in the wrap and you cannot soothe him, remove him from the wrap and try again later.

#### Washing Instructions

SnugiWraps Stretchy Wraps are 95% Cotton Viscose and 5% Lycra. To prolong the life of your wrap, spot clean with water as necessary. It can be machine washed at 40 degrees. Tumble dry on low heat. Do not use any bleach or fabric softener. Iron on low.



### High & Tight







Airway Free

#### More from SnugiWraps

At SnugiWraps we offer a wide range of baby carriers to support you through all stages of your infant carrying journey. We also offer a full personalisation service so you can create your perfect custom carrier. Please visit our website to see our full range, or get in touch to request a catalogue.





**Classic Carriers** Buckle Onbu Full Buckles Mei Tai **Deluxe Carriers** Buckle Onbu **Full Buckles** Mei Tai Wrap Conversions **Full Buckles** Mei Tai Onbu **Ring Slings** Wrap-Tai Mei Tai Onbu & Accessories





#### Any Questions?

We hope you enjoy your SnugiWraps product. If you have any questions, please feel free to contact us

email: sales@snugiwraps.co.uk

#### www.SnugiWraps.com



SnugiWraps recommends that you follow the T.I.C.K.S. Rule for Safe Babywearing. www.babyslingsafety.co.uk

### The T.I.C.K.S. Rule for Safe Babywearing

Keep your baby close and keep your baby safe. When you're wearing a sling or carrier, don't forget the **T.I.C.K.S.** 

TIGHT
IN VIEW AT ALL TIMES
CLOSE ENOUGH TO KISS
KEEP CHIN OFF THE CHEST
SUPPORTED BACK

**TIGHT** – slings and carriers should be tight enough to hug your baby close to you as this will be most comfortable for you both. Any slack/loose fabric will allow your baby to slump down in the carrier which can hinder their breathing and pull on your back.

IN VIEW AT ALL TIMES – you should always be able to see your baby's face by simply glancing down. The fabric of a sling or carrier should not close around them so you have to open it to check on them. In a cradle position your baby should face upwards not be turned in towards your body.



**CLOSE ENOUGH TO KISS** – your baby's head should be as close to your chin as is comfortable. By tipping your head forward you should be able to kiss your baby on the head or forehead.



**KEEP CHIN OFF THE CHEST** – a baby should never be curled so their chin is forced onto their chest as this can restrict their breathing. Ensure there is always a space of at least a finger width under your baby's chin.



SUPPORTED BACK – in an upright carry a baby should be held comfortably close to the wearer so their back is supported in its natural position and their tummy and chest are against you. If a sling is too loose they can slump which can partially close their airway. (This can be tested by placing a hand on your baby's back and pressing gently - they should not uncurl or move closer to you.) A baby in a cradle carry in a pouch or ring sling should be positioned carefully with their bottom in the deepest part so the sling does not fold them in half pressing their chin to their chest.