

# Community Specialist-Led Breastfeeding Services in West Kent

Sevenoaks, Edenbridge, Tonbridge & Tunbridge Wells	Maidstone & Malling	Other Areas of Kent
<p>Breastfeeding Group with Lactation Consultant Tuesday 9:30am-12pm Little Forest Children's Centre Friars Way, Tunbridge Wells TN2 3UA Location phone: 03000 420892</p>	<p>Bookable Breastfeeding Clinic with Lactation Consultant (call 07599 222625 to book) Tuesday Woodlands Children's Centre Chapman Way, East Malling ME19 6SD Location phone: 03000 418008</p>	<p>Breastfeeding Group with Breastfeeding Counsellor Thursday 12:30pm-2:30pm Swanley Children's Centre Northview Swanley BR8 7BT Location phone: 03000 413333</p>
<p>Breastfeeding Group with Breastfeeding Counsellor Tuesday 10am-12pm Little Foxes Children's Centre Waveney Road Tonbridge, TN10 3JU Location phone: 01732 359947</p>	<p>Breastfeeding Group with Lactation Consultant Wednesday 12:30pm-2pm Salvation Army 74 Union Street, Maidstone ME14 1ED Location phone: 01622 681808</p>	<p>Breastfeeding Clinic (Appointment Only) Monday. Call Sarah at 07923 939768 William Harvey Hospital Kennington Road Willesborough, Ashford TN24 0LZ</p>
<p>Breastfeeding Group with Lactation Consultant Thursday 9:30am-11:30am Spring House Children's Centre Hospital Road, Sevenoaks TN13 3PT Location phone: 01732 465539</p>	<p>Peer Support Lead Harriet Rudd 07958 216648</p> <p>Lactation Consultant Jane Gerard-Pearse 07753 456876</p>	<p>Bookable Breastfeeding Clinic with Lactation Consultant starts (call 03000 412956 to book) Thursday 3pm-5pm The Willow Children's Centre Brookfield Road, Ashford, TN23 4EY Location phone: 03000 412956</p>
<p>Peer Support Lead Bridget Kenney 07958 216647</p> <p>Lactation Consultant Jane Gerard-Pearse 07753 456876</p>	<p>La Leche League Meetings in Kent</p> <p>Check website for location <a href="http://www.lilkent.org.uk/">http://www.lilkent.org.uk/</a></p>	<p><b>Kent Breastfeeding Helpline</b> <b>0300 302 0223</b></p> <p><b>Please check website for any changes &amp; for other groups in Kent</b> <b><a href="http://www.kentbabymatters.org">www.kentbabymatters.org</a></b></p> <p>Pump Rental/Loan Tunbridge Wells Children's Centres 01892 532319 or 01580 713296 ARDO agent Tonbridge Maria Walkden — 07704 808864</p>

Funded by



clinical & educational  
breastfeeding programmes

**Sure Start  
Children's Centres**



# Community Peer Support-Led Breastfeeding Services in West Kent

Sevenoaks, Edenbridge, Tonbridge & Tunbridge Wells		Maidstone & Malling
<p>Breastfeeding Peer Support available at Health Visitor Well Baby Clinic Monday 9:15am-11:15am Little Foxes Children's Centre Long Mead Community Primary School Waveney Road, Tonbridge TN10 3JU Location phone: 01732 359947</p>	<p>Breastfeeding Peer Support available at Health Visitor Well Baby Clinic Wednesday 1pm-3pm South Tonbridge Children's Centre Teen &amp; Twenty River Lawn Road, Tonbridge TN9 1EP Location phone: 01732 366323</p> <p>Breastfeeding Peer Support available Thursday 10:30am-12pm Paddock Wood Children's Centre Wesley Centre Commercial Road Paddock Wood, TN12 6DS Location phone: 03000 411035</p>	<p>Breastfeeding Peer Support available at the Health Visitor Well Baby Clinic Monday 9:30am-11:30am Woodlands Children's Centre Chapman Way East Malling ME19 6SD Location phone: 03000 418008</p>

## National Breastfeeding Helplines



9:30am-9:30pm every day of the year  
Bengali/Sylheti - 0300 456 2421  
Tamil, Telugu and Hindi - 0300 330 5469  
Drugs in Breastmilk - 0844 412 4665



9:30am-9:30pm every day of the year



0300 330 0771

8:00am-10:00pm every day of the year